

Lesson 1: Orientation & Philosophy *A dual guide for students and parents*

STUDENTS

Title: AI changes the rules. School adapts so you can think with and without it.

Objective: Understand how AI changes learning, and why schools must adapt.

Overview: You're growing up in a world where AI can write essays, solve math problems, and summarize history facts. But that doesn't mean *you* don't need to learn those things. School is shifting so you can use AI well, and still think clearly without it.

Key Ideas:

- AI is a tool, not a mind. It helps, but it doesn't understand.
- If you only use AI, you won't notice when it's wrong (and it *is* wrong, sometimes).
- Schools are starting to change how they teach and grade — more in-class work, more thinking, less copy-paste.

Mini Exercise: Write down 3 things you're *glad* you learned to do without AI. Why are they useful?

Discussion Prompt: Is it better to be tested in the room where you think – or at home where AI does the work? Why?

PARENTS

Title: Understanding the Shift — From Homework to Performance

Objective: Help parents understand why educational structures are evolving due to AI's presence.

Overview: *This isn't punishment – it's design.* AI's impact on education isn't just about cheating – it's about *outsourcing thought*. If students rely entirely on tools they don't understand, we lose the ability to measure or foster real thinking. This lesson introduces why in-class evaluation and structured AI fluency are not punishments, but necessary design shifts. Performance environments show the thinking. Homework can't.

Key Takeaways:

- AI is undetectable in homework. The tools are too advanced and accessible.
- Supervised evaluation environments protect integrity and provide clarity.

- Unsupervised work tells you nothing about a student's mind.
- Parents are not just observers — they're co-navigators. Understanding the structure helps you support your child's learning more effectively.

Family Insight: What part of your child's current homework process do you think is most vulnerable to AI substitution? How might you help them practice thinking independently?

Next Step: Ask your child what they believe AI is *bad* at. Their answer is a great starting point for a meaningful conversation.